



## Ms. Heather B. Gaines

May 10, 1961 - March 29, 2021

Virginia Beach - Heather B. Gaines, 59, died unexpectedly on March 29, 2021 in Virginia Beach. She was born May 10, 1961 in Baltimore, Maryland, the daughter of Dr. L. Myrton Gaines, Jr. and Helen McFarland Gaines.

Heather graduated from The Bryn Mawr School, Class of 1979 and Boston University, Class of 1983. Over the years, she worked for Sunglass Hut, The Rouse Company and the Baltimore Aquarium. Later, she started her own retail store, Shore Huggers, in Virginia Beach. Most recently she worked at the SPCA and McDonald's Garden Center. Heather especially enjoyed her volunteer work at Equi-Kids/Equi-Vets Therapeutic Riding Program.

In addition to her parents, Heather was predeceased by a son, Richard Stanley, as well as her ex-husband, Rod Stanley. Surviving family members include Brandon Gaines and his wife, Linda, Julia Gaines Mand and her husband, Robert and David Gaines and his wife, Katherine. She is also survived by her nephews, Alex, Jeffrey, Colin, Dylan and Connor Gaines and her niece Ava Gaines. She is also survived by her beloved dogs, Larkin, a Goldendoodle and Raphael, a Native American Indian dog.

Services are private. A celebration of Heather's life will be on May 22, 2021 from 1-3PM at the L'Hirondelle Club of Ruxton, 7611 L'Hirondelle Club Road, Ruxton MD 21204.



# Previous Events

## Celebration of Life

MAY 22. 1:00 PM - 3:00 PM (ET)

L'Hirondelle Club  
7611 L'Hirondelle Club Rd.  
Towson, MD 21204